

## Get coronavirus support as an extremely vulnerable person

Coronavirus can make anyone seriously ill, but there are some people who are at a higher risk.

For example, they may be at high risk from coronavirus if you:

- have had an organ transplant
- are having certain types of cancer treatment
- have blood or bone marrow cancer, such as leukaemia
- have a severe lung condition, such as cystic fibrosis or severe asthma
- have a condition that makes you much more likely to get infections
- are taking medicine that weakens your immune system
- are pregnant and have a serious heart condition

If someone is at high risk of getting seriously ill from coronavirus, there are extra things everyone should do to avoid catching it.

These include:

- not leaving their home – they should not go out to do shopping, pick up medicine or exercise
- stay at least 2 metres (3 steps) away from other people in their home as much as possible

Ask friends, family or neighbours to pick up shopping and medicines for them. They should leave them outside your door.

If a person is not sure if they are entitled to the service but have serious underlying health conditions they should still register.

Register at this link

<https://www.gov.uk/coronavirus-extremely-vulnerable>

(A third party can do this for a vulnerable person)